WEEK SIX FOCUS – THE CATASTROPHE SCALE

The reality is we don’t live in a perfect world. At times bad things happen, there are setbacks and not everything goes our way. Being able to “bounce back” when we have a setback is a useful quality.

As part of our holistic approach to positive behaviour we work with students to build skills in being resilient. One of the things we look at is the catastrophe scale. This helps students to put setbacks into perspective. It also helps students to be aware of their emotional responses and keep these in perspective (this links to work they will do with Rock and Water).

During this week teachers will discuss the Catastrophe Scale with students. In discussing the catastrophe scale teachers use an arbitrary scale (1-10 or 1 – 100) and have students place different events along the scale. Often there is vigorous discussion around where to place different events and it is through these discussions that teachers introduce the concept of being aware of our response to a situation.

P & C BUNNINGS BBQ

Wow thank you to the large band of volunteers that cooked and served hundreds of sausage sandwiches yesterday. Many other families visited to buy a sausage. It was a great school effort. The BBQ raised over $1300 towards the P & C’s goals for 2013.

Thank you also to those that supported the BBQ and helped add to the profit via their donations.

- **Bunnings West Gosford** – provided the BBQ facilities and the gas free of charge
- **IGA Saratoga** – soft drinks
- **Saratoga Quality Meats** – gave us a great deal on the sausages, par boiled them and cryo-packed them. (And they tasted so good many people came back for a second sausage!)
- **Clarksons Cash and Carry** – bottles of water
- **Pete and Nicole Barr** – donated soft drinks
- **Lisa Blyton** – donated money to pay for the bread.
- **Andrea Young** – Sauce, onions, plastic gloves
- **Erin Rutherford** – Canola Spray, napkins
- **Jemima Trigg** – Paper Towel & plastic gloves

Thanks to Sharon, Andrea, Belinda and Megan for the use of their eskies.

Thanks to Aaron’s family, Luke’s family, Cindy’s family, Nikolas’ family and Sophie’s family for donating cash to help pay for items.

Thank you to the following volunteers who helped out with the raffle, serving, preparing and cooking the BBQ:

- Kate, Greg, Annemaree, Karen, Daniel, Sharon, Chris, Craig, Richard, Sonia, Sam, Samantha, Suzanne, Karl, Pete, Michael, Rebecca, Michelle, Sam, Nicole, Sally, Bill, Belinda, Tim, Leanne, Dannan, Rohan, Maddy, Eva, Molly, Breesha and Paige.

Thanks also to Andrea for her organisation of the BBQ and staying around the whole day to ensure it ran smoothly.

RED CROSS CALLING – MARCH

March is Red Cross Calling month.

Red Cross works to reduce human suffering wherever it is found. Some of the Red Cross’ important work in Australia includes disaster relief (floods, bushfires etc), improving social inclusion, and building stronger communities.

You can make a donation when a volunteer calls at your house or you can donate online at the address below.

Last week I attended the Australian Institute of Teachers and School Leaders (AITSL) Local Leadership conference in Melbourne.

Eighty Principals from across Australia and across educational systems (government, private and independent) came together to learn about local leadership of schools. We linked with Andreas Schleicher (Head of the OECD Indicators of Education Systems program) via satellite. He discussed the things the OECD has identified as being important during the shift from system decisions to local decisions. We also heard from a range of leading educational researchers including Alma Harris and Valerie Hannon.

The conference was also a great opportunity to link with some amazing Principals from across Australia.

With the many changes occurring in schools it is vital I work to develop my skills to ensure that Brisbania is well placed to continue to be a great school as we move into a very different organisational landscape.

Thanks to Mrs Whelan, Mrs Elliott and Mrs Heazlewood for their leadership of the school whilst I was in Melbourne.

**SHAVE/COLOUR FOR A CURE – CRAZY HAIR DAY THIS WEDNESDAY**

This Wednesday we are holding a crazy hair day to support a number of our students that are raising funds as part of Be Brave and Shave/Colour for a Cure (Leukaemia Foundation). Students may come with a crazy hairdo – use plenty of gel or use lots of ribbons/hair bands etc. **Please don't colour your hair with coloured hairspray or dye** – we want to reserve that for the students that are actually undertaking the official fundraising.

Students must still wear normal school uniform.

If students choose to be part of crazy hair day they then need to donate a gold coin. Money raised will be shared evenly amongst the students that are officially fundraising. If students choose not to participate, they should just come to school with normal hair.

**P & C EASTER RAFFLE TICKETS**

This week the P & C will be sending home a book of 10 raffle tickets to each child for their family to sell. Tickets are only $2 each. Please sell the tickets and return the stubs and money to the school office.

There are 14 great Easter Baskets as prizes.

The raffle will be drawn at the Easter Hat parade on Thursday 28th March. If you are unable to sell the tickets please return the unsold book to the school office.

**ZONE SWIMMING CARNIVAL**

Tomorrow we have over 30 children participating in the Southern Central Coast Zone PSSA Swimming Carnival. We wish them all well for a great swim. Thanks to Mr Anderson for his organisation for the team.

**SELECTIVE HIGH SCHOOL EXAM**

This Thursday is the Selective High School Exam for students that have previously applied via application. Parents are reminded to ensure that students arrive on time at Erina High School.

Good luck to our students.

**CLEAN UP AUSTRALIA**

Last Friday the weather allowed us to finally do our bit for Clean Up Australia Day. The good news from the clean up was that students couldn’t find a lot of rubbish. Well done to students for helping clean up and for their efforts to keep our school clean at other times as well.

**AECG – Weds 13th March**

The next Tjudabaring AECG meeting will be held at Kincumber Public School on Wednesday 13th March 2013 at 6pm in the room opposite the staff room. All families of Aboriginal students are welcome to attend.
**GIRLS SOFTBALL**

Last Friday our girls’ softball team played in the local PSSA Knockout Gala Day. The girls won their first round against Woodport 14 runs to 11 runs. Their second round game was hard fought against Niagara Park. Niagara Park had a very strong pitcher and in the end our girls lost 6 runs to 8 runs.

The girls went on to win their two consolation games.

Well done to the girls on their efforts. Thanks to Mrs Tialshinsky for coaching the girls and to parents for their support.

**STUDENT INSURANCE**

**Important Information:** In the event of injury, no personal injury insurance cover is provided by the NSW Department of Education and Communities for students in relation to school sporting activities, physical education lessons or any other school activity. Parents and caregivers are advised to assess the level and extent of their child’s involvement in the sport program offered by the school, school sport zone, region and state school sport associations when deciding whether additional insurance cover is required. Personal accident insurance cover is available through normal retail insurance outlets. The NSW Supplementary Sporting Injuries Benefits Scheme, funded by the NSW Government, provides limited cover for serious injury resulting in the permanent loss of a prescribed faculty or the use of some prescribed part of the body. Further information can be obtained from: [www.sportinginjuries.com.au](http://www.sportinginjuries.com.au) Parents who have private ambulance cover should check whether that cover extends to interstate travel and make additional arrangements as considered appropriate. All Brisbania students are covered for Ambulance Services at any school event in any state apart from Queensland and South Australia.

**REFUND POLICY**

Each year teachers plan a number of excursions, guest speakers and various activities which enhance the educational programs being offered in classrooms. These activities usually have a cost associated with them. Occasionally children are disappointed when they are unable to participate in the activity because they are sick on the day, or late to catch the bus etc. In such cases parents often request a refund of the fees that have been paid.

In making a decision regarding a refund one issue has to be considered: **Has the school already spent money for the student to participate in the activity?**

If the school has already had to pay for the activity then a refund cannot be given. Often, particularly in the case of larger excursions, venues and accommodation providers charge us on the numbers we provide in advance of the actual excursion. These venues hire staff, buy food, provide bedding etc based on those numbers therefore the costs still exist even if a student does not attend. With bus companies we are still charged for a booked seat even if it is not used.

Therefore it is our policy that when a student is unable to attend an activity, due to a legitimate reason, the school will refund money paid less funds already committed or spent.

**LIKE US ON FACEBOOK/FOLLOW US ON TWITTER (Repeat)**

One of our goals in our three year plan is to phase out paper copies of the school newsletter in favour of a digital version. The first step in this is to establish a Facebook page and a Twitter account so that we can send the link for the newsletter to parents.

Parents won’t have to join Facebook or Twitter as the newsletter will still be available on our website. The use of Facebook and Twitter is just a way to send a reminder, to those that use these services, that the newsletter is ready for viewing.

Of course if you are not an internet user you will still have the option of receiving a paper copy. During this transition period we will send both the paper copy home to all families and post to our social media sites. In a couple of weeks we will give families the chance to opt out of receiving a paper copy.

As we develop our use of social media we will use these services to provide reminders to parents about school events and news.

Please like us on Facebook or follow us on Twitter.

[www.facebook.com/brisbania](http://www.facebook.com/brisbania)

@BrisbaniaPS

Mr Burgess
Principal

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**PRINCIPAL’S GOLD BOOK**

<table>
<thead>
<tr>
<th>Name</th>
<th>Class</th>
<th>First Name</th>
<th>Year</th>
<th>Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thomas</td>
<td>3H</td>
<td>Cody</td>
<td>KB</td>
<td>K/1T</td>
</tr>
<tr>
<td>Colby</td>
<td>3H</td>
<td>Sophie</td>
<td>KB</td>
<td>Caleb K/1T</td>
</tr>
<tr>
<td>Rohan</td>
<td>1/2H</td>
<td>Ben</td>
<td>KB</td>
<td>Austin K/1T</td>
</tr>
<tr>
<td>Riley</td>
<td>3M</td>
<td>Jasmin</td>
<td>K/1T</td>
<td></td>
</tr>
</tbody>
</table>
BUNNINGS BBQ

WOW – what a fantastic effort from everyone on Sunday from the endless list of volunteers who gave up their time on Sunday to come out and help on the BBQ, to the numerous families who made their way to Bunning's just to purchase one of our gourmet sausage sangers. It was an outstanding turnout and I am very proud to say we raised over $1300 for the school as our first fund-raising event this year. This was only achieved by the countless families and local businesses that helped with donations of items to help boost our sales. We have a fantastic list of businesses and individuals that supplied goods for the BBQ as follows - thank you

<table>
<thead>
<tr>
<th>Item Description</th>
<th>Donor</th>
</tr>
</thead>
<tbody>
<tr>
<td>60 Loaves of Bread</td>
<td>Lisa Blyton</td>
</tr>
<tr>
<td>3 Lts sauce, 15 kilos onions, Eskie loan,</td>
<td>Andrea Young</td>
</tr>
<tr>
<td>plastic gloves</td>
<td></td>
</tr>
<tr>
<td>4 rolls of kitchen paper</td>
<td>Annemaree Smith</td>
</tr>
<tr>
<td>Eskie(s)</td>
<td>Sharon Wallace</td>
</tr>
<tr>
<td>Canola Spray, 1000 napkins</td>
<td>Erin Rutherford</td>
</tr>
<tr>
<td>Eskie donation</td>
<td>Megan Ashman</td>
</tr>
<tr>
<td>Soft drinks</td>
<td>Saratoga IGA</td>
</tr>
<tr>
<td>Discounted Sausages</td>
<td>Saratoga Quality Meats</td>
</tr>
<tr>
<td>Eskie</td>
<td>Belinda Aldrick</td>
</tr>
<tr>
<td>Water</td>
<td>Clarksons Cash and Carry</td>
</tr>
<tr>
<td>Soft Drinks</td>
<td>Pete &amp; Nicole Barr</td>
</tr>
<tr>
<td>Cash Donation</td>
<td>Jemima Trigg</td>
</tr>
<tr>
<td>Kitchen Paper &amp; Plastic Gloves</td>
<td>Jemima Trigg</td>
</tr>
<tr>
<td>Cash Donation</td>
<td>Farr Family</td>
</tr>
<tr>
<td>Cash Donation</td>
<td>Sophie Brunnengraber</td>
</tr>
<tr>
<td>Cash Donation</td>
<td>Aaron Taylor</td>
</tr>
<tr>
<td>Cash Donation</td>
<td>Robyn Papadopoulos</td>
</tr>
</tbody>
</table>

Thank you to the BBQ Team
To those of you who braved their two hour slot to serve over 450 sausage sandwiches THANK YOU! It was my pleasure to meet and work with you all and I hope you managed to have fun meeting other families and also got to enjoy one of the sandwiches.

Our fantastic volunteer list is as follows:

Kate Boni
Greg Smith
Annemaree Smith
Karen Cattley
Daniel Chiu
Sharon Wallace
Chris Conroy
Craig Ayre
Richard Martz
Sonia Carmichael
Sam Butcher
Samantha Davies
Suzanne Sapsford
Karl LeBreton
Pete Barr
Michael Burgess
Rebecca Hunt
Michelle Shedden
Sam Binside
Nicole Heazlewood
Sally Turbitt
Bill Devanney
Belinda Aldrick
Tim Aldrick
Leanne Nolan

AND FINALLY..

Easter Chocolate Raffle
Our Easter Chocolate basket raffle tickets sales kicked off on Sunday at our BBQ and we had a merry bunch of volunteers selling the tickets during the day. Your chance to sell raffle tickets will arrive home with your children this week. Each child will receive a book of 10 raffle tickets to sell to family, friends and neighbours. Please remember that if you do not sell all the your tickets, then please return them as soon as possible so that we can sell them to others. Tickets are $2.00 and we have 14 baskets available to win. A very special thank you to the raffle tickets sellers on Sunday: Dannan Chiu & Rohan Cattley, Maddie & Ava Carmichael, Breesha Davies, Michelle Shedden and a very special thank you to Molly Moulton for her excellent promotional skills!!!

We shall be selling raffle tickets at the IGA in Saratoga on Saturday morning, 23rd March - If anyone wants to help, please let me know, I would appreciate any time you can give - even 5 minutes will help!

Thank you to everyone who donated eggs to the school - keep ’em coming as the more eggs we get the more baskets we can make and the better your chances are of winning!!!

Here’s to a great week at our great school.

Andrea Young
Ph 0458 003 651
andrea.young264@bigpond.com
**SWIMMING RIBBON PRESENTATION**

A special assembly will be held on Friday 22 March to present the ribbons from this year’s Swimming Carnival. The assembly will commence at 2.00pm. Parents are very welcome to attend.

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**K-2 2013**

**EASTER HAT PARADE**

This year, the K-2 Easter Celebrations will be on Thursday 28th March. All children in the K-2 school taking part in Easter fun activities during the morning. After recess, at 11.30am, parents, friends and family are invited to come to our spectacular........

**BRISBANIA EASTER HAT PARADE!**

So it is time to start collecting Easter ‘stuff’ to decorate your child’s Easter bonnet or hat. Kinder, Year 1 and Year 2 students will need to make and decorate their creations at home. A separate note will come home with some ideas. We hope you can hop along and join the fun!

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<table>
<thead>
<tr>
<th>Dates for Your Diary</th>
<th>Event Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday 12th March</td>
<td>District Swimming Carnival - Peninsula Leisure Centre</td>
</tr>
<tr>
<td>Wednesday 13th March</td>
<td>Crazy Hair Style Day - Gold Coin Donation (NO COLOUR HAIRSPRAY OR DYE)</td>
</tr>
<tr>
<td>Wednesday 13th March</td>
<td>AECG Meeting 6pm Kincumber Public School</td>
</tr>
<tr>
<td>Thursday 14th March</td>
<td>Selective High School Exam, Erina High School, 9.00am—1.15pm</td>
</tr>
<tr>
<td>Monday 18th March</td>
<td>Sydney North Swimming Carnival - SOPAC, Homebush</td>
</tr>
<tr>
<td>Thursday 21st March</td>
<td>P &amp; C Meeting 7.30pm</td>
</tr>
<tr>
<td>Thursday 21st March</td>
<td>Harmony Day Activities</td>
</tr>
<tr>
<td>Thursday 28th March</td>
<td>Easter Hat Parade and activities P &amp; C Easter Raffles Drawn</td>
</tr>
<tr>
<td>Friday 29th March</td>
<td>Easter Public Holiday (Good Friday) - No School</td>
</tr>
<tr>
<td>Monday 1st April</td>
<td>Easter Public Holiday - No school</td>
</tr>
<tr>
<td>Friday 12th April</td>
<td>School ANZAC DAY Service Last day of Term 1</td>
</tr>
</tbody>
</table>
STAR OF THE WEEK

KD—Marlen, KB—Luke, KS—Liam, K/1T—Oliver, 1C—Ava, 1/SF—James, 1/2H—Kyce

YEAR 2 LEADERS
Sammy & Logan

ASSEMBLY AWARDS WEEK 6 TERM 1

STAGE 1—Kate, Mary, Jacob, Maili-Rose, Thomas, Molly, Zach, Chelsea, Harry, Emily, Benjamin, Billy, Jessica, Skye, Joshua, Ky, Isabelle, Josh, Finlay & Isabella.


NO ASSEMBLY AWARDS THIS WEEK FOR STAGE 3
18TH – 21st March

Celebrate Harmony Day with Foods from Different cultures.
Choose the SPECIAL OF THE DAY and enclose $5.50 with your order to the Canteen by THURSDAY 14th MARCH 2013.

Please include 20 cents for a bag if you are unable to supply one.
No late orders will be taken on Monday 18th March, as all orders with suppliers need to be placed at close on Friday.

Thank you for your support. This is a Healthy Canteen Awards Initiative for 2013.

MONDAY – MEXICO
CHICKEN FAJITA
Fajita Wrap With chicken tender, shredded lettuce, diced tomato, grated cheese and mild salsa

Please Circle One Drink Choice
Water  Chocolate Milk  Strawberry Milk  Banana Milk

NAME……………………………………………………………
CLASS……………………………………………………………

TUESDAY – VIETNAM
RICE PAPER ROLLS x 2
Rice Paper Rolls with grated carrot, shredded lettuce, diced tomato, diced cucumber and sliced ham

Please Circle One Drink Choice
Water  Chocolate Milk  Strawberry Milk  Banana Milk

NAME……………………………………………………………
CLASS……………………………………………………………

WEDNESDAY – CHINA
SAN CHOY BOW
Lean beef, shallots, water chestnuts, sesame oil, soy and oyster sauce cooked and served in lettuce cups (no substitutions or exclusions with this meal)

Please Circle One Drink Choice
Water  Chocolate Milk  Strawberry Milk  Banana Milk

NAME……………………………………………………………
CLASS……………………………………………………………

THURSDAY – AUSTRALIA
BURGERS
Chicken or Beef Burger (Please Circle) on a Fresh Bun, topped with shredded lettuce, sliced tomato, grated carrot and beetroot

Please Circle One Drink Choice
Water  Chocolate Milk  Strawberry Milk  Banana Milk

NAME……………………………………………………………
CLASS……………………………………………………………
GIRLS’ SOFTBALL GALA DAY

On Friday the 8th March a team of eleven girls represented Brisbania at an all day Softball Gala Day. The girls who took part were Aneisha, Ashlee, Teya, Tiarna, Ruby, Madeline, Paige, Emily, Maya, Teliah and Kirrah.

They played four games in total against Woodport, Niagara Park and two games against Ourimbah. The girls won 14 to 11 against Woodport. In the next match Niagara Park won 8 to 6 while in the final two games, Brisbania won both with scores of 10 to 5 and 7 to 6.

The girls did a fantastic job and should be very proud of their achievements. A special mention must go to the parents and grandparents who transported the girls, coached off 3rd plate, umpired a game, carried the kit, set up the tent and carried the tent from diamond to diamond.

What a team effort!

Mrs Tialshinsky

Coastal Valleys Region Girl Guides invite you to
Come and Try Guides!
At your local Girl Guide unit
For girls aged 7-18 years

Guides enjoy challenging and fun program of indoor and outdoor activities:
games, leadership and life skills, craft, badges, cooking, camping and community events

For information on the location and available meetings in your area

Please email coastalvalleysgirlguides@live.com.au or call 13004475484
Or visit our website www.girlguides-nswact.org.au to find out more about Guides

HAVING FUN TODAY - LEADING THE WORLD TOMORROW ..

FREE 6 DAY PASS TO PRIMAL’S AWESOME GROUP EXERCISE CLASSES IN OUR BEAUTIFUL KINCUMBER TRAINING STUDIO.

Hurry!! Offer valid 18 – 23 March 2013 only.

Simply cut out and present.
Plus, ‘Like’ us on Facebook
& claim your FREE 45 min PT session.
Just visit: facebook.com/PrimalPerformanceAustralia

Call Stefan on 0404 795 676
info@primalperformance.net.au
For timetable visit www.primalperformance.net.au

CREATIVE Hair-Style DAY!
The Leukaemia Foundation's biggest annual fundraiser - World’s Greatest Shave - also holds a Creative Hair Day at schools.

Many Brisbania students are dying their hair and raising money as part of the Leukaemia Foundation through their families so Brisbania is going to support them.

The Brisbania Creative Hair-Style Day is on WEDNESDAY 13th March, while the World’s Greatest Shave runs from 15-17 March.

On Creative Hair-Style Day, students give a gold coin donation for the opportunity to wear their hair in a creative, crazy way – or wear a wig! NO COLOURED HAIR SPRAY please.

The BEST Creative Hair-Style will receive a small prize!

All funds raised from Creative Hair-Style Day and World’s Greatest Shave will help the Leukaemia Foundation continue to provide practical care and support for patients living with leukaemia, lymphoma, myeloma and related blood disorders, including accommodation and counselling, as well as fund research into improved treatments and cures.

So, please bring a GOLD COIN donation next WEDNESDAY and support our Brisbania girls and the Leukaemia Foundation!

Please remember NO COLOURED HAIR SPRAY.