**FOCUS OF THE WEEK**

**BE SAFE**

**THE CANTEEN IS CLOSED ON WEEK 5, TUES 23/02**

<table>
<thead>
<tr>
<th><strong>PARENT INFORMATION MEETINGS</strong></th>
<th>will be held today and tomorrow..</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kindergarten- KC, KK, KT, KP- Monday, 15 February- 5-5:45pm</td>
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<tr>
<td>Stage 1- 1P, 1C, 1D, 1/2NF, 2J, 2T- Monday Monday,15 February- 5:50-6:30pm</td>
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<tr>
<td>Stage 2- 3D, 3M, 3/4K, 4H and 4WA - Tuesday, 16 February- 5-5:45pm</td>
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<tr>
<td>Stage 3- 5WA, 5B, 5H, 5N and 5S - Tuesday, 16 February- 5:50-6:30pm</td>
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Karen Nicol, Principal at Erina HS will be speaking at the Stage 3 meeting at 5:50pm.

**WELLBEING SURVEY**

Wellbeing and Equity is one of our 3 Strategic Directions in the School Plan. Each family is asked to complete a Wellbeing survey, attached to the newsletter and return by **tomorrow Tuesday,16 February**. Thank you in advance for completing the survey.

**SCHOOL SWIMMING CARNIVAL**

Our annual swimming carnival will be held on Friday, 19 February at the Penninsula Leisure Centre. All Year 3-6 students are expected to attend and our Year 2 students turning 8 who do squad swimming are invited to attend. Year 2 parents, please refer to the qualifying times on the permission note. Please complete the permission note and return with payment ASAP.

**1, 2, 3 MAGIC**

A series of 3 workshops will be run in the parenting program **1,2, 3, Magic**. If you are interested please contact the school ASAP or complete the Expression of Interest attached. The sessions will be held on Wednesdays- 24 February, 2 March and 16 March with our Assistant Principal Learning and Support, Lori Gibson at Brisbania PS 9:30 to 12 noon. There are only 4 places left.

**RESPECT FOR OUR SCHOOL SONG AND NATIONAL ANTHEM**

Parents who attend our morning assemblies are asked to stand and join us or remain silent when we sing our school song and Advance Australia Fair as a mark of respect. Thank you for your cooperation and participation.

**FAREWELL MRS CHAPMAN**

Today the students and staff said farewell to Mrs Chapman, the staff sang a song for her, Cara and Luke gave her a beautiful speech, the students had made her a booklet of beautiful memories and she received her retirement medal. She planted a flowering gum in the top car park area as a reminder of her years at Brisbania. We wish Mrs Chapman all the best for her retirement.

**SEASONS FOR GROWTH**

*Seasons for Growth* is a program for children and young people who have experienced significant change or loss. It is based on the belief that change, loss and grief are a normal part of life. We examine the impact of changes such as death, separation, divorce, and natural disaster upon our lives, and explore how we can learn to live with and grow from these experiences. The core intentions of this program are the development of resilience and emotional literacy to promote social and emotional wellbeing. The program is educational in nature and does not provide therapy. We use the imagery of the four seasons to illustrate that grief is cyclical, not a linear journey with a clear end. A small number of our staff members are trained “Seasons for Growth Companions” who facilitate small groups where participants share their experiences, and support and learn from one another. Peer support is a key element of the program, and confidentiality is strongly emphasised. We will be running *Seasons for Growth* during the year. If you think your child would benefit from this program, please contact the office ASAP.

**SCHOOL BANKING**

Our banking day is Tuesday.
CONSIDERATION FOR OUR NEIGHBOURS IN SHAW ST
Please be considerate of our neighbours in Shaw Street. Please do not park over our neighbours’ driveways at any time, whether parking, standing or queuing for drop off or pick up. We have had complaints from neighbours in regard to being unable to enter or exit their properties.

Have a great week!
Annette Parrey

PRINCIPAL’S GOLD BOOK

Bodhi      Jake
Lochlan    Emily
Caleb      Layla

TERMS 1 - 2016 DATES

| Monday 15th February | Parent Info Meetings-Kinder @ 5pm-5:45pm in KC & KK Room  
|                      | Parent Info Meetings-Y1 & Y2 @ 5:50pm - 6:30pm in 1/2NF & 2T rooms |
| Tuesday 16th February | Parent Info Meetings-Y3 & Y4 @ 5pm - 5:45pm in 4H & 4WA rooms  
|                      | Parent Info Meetings-Y5 & Y6 @ 5:50pm - 6:30pm in 5/N & 5/6S rooms |
| Thursday 18th Feb    | P & C Meeting 7pm in Staffroom  
|                      | Kinder & Year 5 Teddy Bears Picnic |
| Friday 19th February | School Swimming Carnival 8yr olds & Year 3 - Year 6 @ PLC |
| Friday 26th February | Pink Stumps Day - Fundraiser for the McGrath Foundation - Pink mufti + gold coin. |
| Tuesday 8th March    | SCC Zone Swimming Carnival @ PLC |
| Wednesday 9th March  | AECG Kincumber HS from 5:30pm |
| Thursday 10th March  | Selective HS Test for students only that applied in 2015 |
| Wednesday 16th March | Sydney North Swimming @ SOPAC |
| Thursday 17th March  | P & C Meeting 7pm in staffroom |
| Monday 21st March    | Harmony Day - Orange Mufti |
| Thursday 24th March  | Kinder - Year 2 Easter Hat Parade |
| Friday 25th March    | Good Friday (Public Holiday) |
| Monday 28th March    | Easter Monday (Public Holiday) |
| Friday 1st April     | School Cross Country Year 3 - Year 6 @ Davistown Waterfront |
| Wednesday 6th April  | Assembly of Excellence |
| Friday 8th April     | Last day of Term 1 |

Any parents interested in helping the school with Book Clubs - Few hours a Term  
Contact Belinda Eddy  
0427 208 632  
Mon to Wed
**Brisbania Uniform Shop News 8 Feb 2016**

Everyone needs a Hat this year! – and we have run out of Small and Medium sizes, until our next order arrives. They should be delivered before next Uniform Shop day (12 Feb 2016), as there is a 2 week turnaround, (to add the Logo)

Apologies to those of you who are still without, thanks for your patience.

If you have ordered one via Flexischools, and either, been given another size instead, or none at all Please bring it (unused with Tags on), and/or the receipt to Uniform Shop on Friday, for exchange.

Meanwhile, we have
- plenty of Senior Caps ($12) [Yr 5 and 6 only]
- some non-logo Large size only Hats, ($5), which are old stock
- a few extra small wide brim hats ($10)

Please note, that the Uniform Shop sells all Uniform needs, (except footwear)
Our stock also includes headbands, hair scrunchies, tee-shirts in house colours.
We also stock Lunch Wallets.
For a full list of items and prices, see our Price list


We do not stock Library Bags nor Year 6 Jumpers – Please contact class teacher/Office for these.

The Brisbania school Uniform is run by Volunteers (all parents) and we welcome more volunteers to help spread the workload. If you can spare 2 hours, (0830-1030) 1 Friday per month, please contact the school, the Co-ordinator or call in on any Friday.

Julie Hale
0407 885 303

**KEEPING IN TOUCH – MONDAY NOTE**

To our new families, you may have noticed in your child’s school bag a newsletter ‘Monday Note’ which is published every Monday. In this weekly newsletter we provide information about events and future events at the school. You will also see communication from our school P & C.

This publication is a way to keep our families connected and up to date with our calendar and dates for your diary.

We encourage you to access our Monday Note via the links below.

- Via our Facebook page - [https://www.facebook.com/brisbania](https://www.facebook.com/brisbania)
- Skoolbag App – get free app on your smartphone from itunes or google play store.

Our school has our own Skoolbag iPhone and Android App to help us communicate more effectively with our Parent/Student community.

We are asking parents/students to install our Skoolbag School App.

To install it, just search for our school name ‘Brisbania Public School’ in either the Apple App Store, or Google Play Store.
Come along to the P&C Meeting on Thursday 18th February, 7pm in the staffroom – agenda items include an update about the playground revamp and fundraising goals for 2016 – it would be great to see many representatives from the school community.

Emma Brock
On behalf of Brisbania P & C

The P & C are looking for free soil/good clean fill (Not CLAY) as part of their playground upgrade project.
Please contact Suzanne if you can help on 0423 036 697.

A brief reminder to update your child’s Sticky Beaks wallets with their new class names! Some of our class names remain unchanged and are the same as last year. Considering we have many volunteers through the canteen on a weekly basis and most of them do not know your child, class names determine what lunch basket your child’s order is placed in. Your child does not need the confusion and to be upset at not finding their lunch order if it is in their class basket from last year.

A note has been sent home today for our first meal deal of the year for Friday 26th February.
PINK STUMPS FOR BREAST CANCER will include a hot dog with your choice of sauce, a choice of drink and a “pink” treat. COST IS $5 with $1 being donated to the McGrath Foundation.
All orders must, must, must be received by next Monday 22nd February into the basket at the canteen. Late orders will not be accepted due to ordering and staffing schedules. There will be no Flexischool ordering available on that day.

THE CANTEEN WILL BE CLOSED NEXT TUESDAY 23rd FEBRUARY FOR THE CANTEEN NETWORK MEETING DAY.

Also many of you will notice that the prices have risen. It is unfortunate that our suppliers have increases throughout the school terms. Where possible the prices don’t change in our canteen, however some of the items on our order menu have been the same for at least the last four years, making it a must for a price increase.
THANK YOU FOR YOUR SUPPORT.
---------------------------------------------------------------------
IF YOU WOULD LIKE TO VOLUNTEER CONTACT THE CANTEEN OR THE SCHOOL OFFICE
STAGE 1

Tyler, Josephine, Coby, Claudia, Luca, Marli, Ellie, Daniel, Chloe, Lainey, Oliver, Elise, Makaila, Harry, Laura

YEAR 2 LEADERS
Harry & Sophie

Shim Jang Taekwondo
Learn Powerful Self Defence
FIRST LESSON FREE

KINCUMBER NEIGHBOURHOOD CENTRE
1/20 Kincumber Street, Kincumber
THURSDAY NIGHTS - 6-7pm

Low monthly fee - ages 5 to adult - licensed instructors - families training together - full details online - join in the fun - have a go.

Phone Dale - 0416 012 050
www.shimjang.com
1-2-3 MAGIC® & EMOTION COACHING PARENT COURSE

Learn to manage difficult behaviour in children 2-12 years old

A three-session program for parents and carers

at Brisbania PS

on February 24, March 2 & 16 at 9.30-11.45am.
You need to attend all 3 sessions to complete the course

Learn:
✓ To engage your children’s cooperation by positively noticing and encouraging them
✓ To set clear expectations and help them develop frustration tolerance
✓ To help children’s brains to develop filters for behaving well
✓ To resolve family conflict quietly
✓ Some simple strategies to practise being a calm parent

The course is free for Brisbania parents.

Register below by returning the slip to the front office by February 15.

What people are saying...

What a relief to come across a program that preserves the dignity of the child, maintains the self control of both the parent and the child and is actually easy to remember when memory is the first thing to go!

I realised quickly that 1-2-3 Magic can be a magnificent preventative measure that any parent can use to avoid raising a child who later down the line, needs excessive discipline or grows out of control

Who is running it?
The presenter for this course is Lori Gibson [APLAS] who completed Parentshop’s 1-2-3 Magic® & Emotion Coaching practitioner training in 2012. Lori has worked in the behaviour field for over 25 years and has been a facilitator of parenting courses for more than 10 years.

I would like to attend the 123 Magic Course starting on the 24 February for 3 sessions.

Name:.............................................. Phone:.................................................................
Children at school:...............................................................

• An end to the arguing and yelling! • It saved our lives • Simple, sane, effective

This course is being run by a Parentshop® licensed practitioner. www.parentshop.com.au
Scholastic Bookclub

Hopefully your child has brought home the Scholastic Bookclub brochure. If you would like to place an order, details are below:
Order Before Wednesday 17/2/16
Go to www.scholastic.com.au/loop to place and pay for your online order.
No paperwork needs to come back to school.
No cash/cheques are to be brought to school as we are offering the online ordering only.
Any questions please call,
Belinda Eddy
0427 208 632
Small changes, big differences.

FREE Teen Triple P Seminar Series
The Power Of Positive Parenting

Children and Young People’s Mental Health is pleased to offer parents of young people this evidence based seminar series. There are three 2 hour seminars in the series which will be held on 3 consecutive Monday evenings at Wyoming Community Centre. You can attend just one or all three seminars.

The program does not address the management of mental health problems in teens, however many parents have found the program useful in reducing the everyday conflict and stress associated with parenting teens.

DATES:  
Monday 14th March 2016  
RAISING RESPONSIBLE TEENAGERS
Monday 21st March 2016  
GETTING TEENAGERS CONNECTED
Monday 4th April 2016  
RAISING COMPETENT TEENAGERS

TIME:  
6PM – 8PM

VENUE:  
WYOMING COMMUNITY CENTRE  
147 Maiden’s Brush Road, Wyoming 2250

PRESENTERS:  
Ruth Phelan and Jo Heap

BOOKINGS ARE ESSENTIAL:  
To book into our seminars or for more information, please phone Children & Young People’s Mental Health on 4328 7350 and ask for Ruth or Jo

www.triplep.net

NSW Health Central Coast: Local Health District

CYPMH
On Friday, 26 February BISTROBANIA is having a **PINK MEAL DEAL DAY** to raise funds for the McGrath Foundation to support Breast Cancer nurses.

Cost for the Meal Deal will be $5.00 with $1.00 being donated to the McGrath Foundation.

Your order must be

- Filled out with your choices marked with name and class clearly labelled on a paper lunch bag
- Placed into the MEAL DEAL basket on the canteen counter including payment before **MONDAY 22nd February**.
  - Have a separate order and bag for each child in your family

**THE MEAL DEAL WILL BE AS FOLLOWS**

**A HOT DOG WITH**

**CHOOSE ONE** □ BBQ SAUCE □ TOMATO SAUCE

**CHOOSE ONE** □ STRAWBERRY MILK □ APPLE/BLACKCURRANT JUICE □ WATER

PLUS A PINK TREAT

THIS MEAL DEAL IS UNAVAILABLE ON FLEXISCHOOLS AND MUST BE HANDED TO THE CANTEEN BY **MONDAY 22ND FEBRUARY AT THE LATEST**.

Strict Cut off times are paramount, due to ordering and processing from suppliers.

NAME........................................................................................................ CLASS........................................

At Recess there will be Pink Treats available to purchase over the counter from 50c to $1.50.

Please Note there will be no other orders available on FLEXISCHOOLS on this day.

DUE TO TIME CONSTRAINTS AND LIMITED VOLUNTEERS WE ARE UNABLE TO OFFER OTHER SERVICES ON THESE DAYS.

Thank you for your support
01.04.2016
“WHEELY” NEED YOUR HELP!

Invitation to provide sponsorship

I’d like to invite your business to contribute a prize and/or donation in support of raising funds to provide a new wheelchair for a local dad, Daniel. The waiting list for partial funding via a public waiting list will take at least 12 months. So far, in just over two weeks, we have raised $3650. The goal is $10,000.

To achieve this, we will be holding an evening of trivia, a prize raffle and music entertainment at Davistown RSL club on April 1st 2016. Any donation offered from your business towards this event will be received graciously and your company name and/or logo will be proudly listed on various printed and social media advertisements of the event, as an event sponsor.

Should you wish to accept this invitation, please make contact with me as soon as possible, as publication of this event will soon commence.

Thank you for your compassion, generosity and support for our campaign.

“WHEELY NEED YOUR HELP!
For further details please contact: Sandi Bellchambers Ph: 0421 755 703 snbellchambers@gmail.com
gofundme.com/wheelyneedyourhelp

DANCE & ACRO CLASSES
ENROL NOW 2016
COME ALONG FOR A FREE TRIAL LESSON
TERRIGAL ETTALONG
DAVISTOWN
www.dynamixdance1.com
Why Chess?

- Create Brighter Thinkers
- Improve Student Focus
- Achieve Academic Success

Educational Benefits of Chess:
- Improves concentration and focus
- Develops logical thinking and problem solving skills
- Enhances memory
- Encourages creative and lateral thinking
- Promotes discipline
- Accelerates emotional development
- Expands visualisation and spatial awareness
- Demonstrates actions and consequences
- Rewards correct decision making
- Increases self-confidence
- Provides opportunities to make new friends from diverse backgrounds

Combines learning with fun!

Brisbane Public School Chess Classes, 2016
[Tuesdays 12:45PM - 1:40PM in the Library]

<table>
<thead>
<tr>
<th>Term</th>
<th>Cost: $67.50</th>
<th>Dates</th>
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<tbody>
<tr>
<td>Term 1</td>
<td></td>
<td>9th Feb - 5th Apr</td>
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<tr>
<td>Term 2</td>
<td></td>
<td>3rd May - 28th Jun</td>
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<tr>
<td>Term 3</td>
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<td>26th Jul - 20th Sep</td>
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<td>Term 4</td>
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<td>11th Oct - 6th Dec</td>
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TO ENROL: Please collect a form from the school office.
Empire Bay School Band Fundraiser

You are invited to ‘An Evening with Doctor John Irvine’

Focus - Helping Young Worriers Beat the WorryBug

When: Thursday 10th March
Where: Empire Bay PS Hall
Time: 7PM
Cost: $20pp (Tickets available from Empire Bay School office – 43691796)

About Dr John

Dr. John Irvine is one of Australia’s most renowned child psychologists. As a pioneer in his field, he has been read, viewed or heard throughout the nation. At the age of 18, he started his own one-teacher school and continued in the field, teaching in the New South Wales schools for many years before becoming a child psychologist. He is currently a consultant at the R.E.A.D. Clinic and has written several books including Thriving at School and A Handbook for Happy Families, which now has four accompanying DVDs.

What the evening will involve

Dr John acknowledges the growing problem of anxiety in kids - everywhere, which calls for immediate and timely attention. Dr. John has been invited to Empire Bay PS to help tackle the issue by presenting sensible advice for parents, educators and other caretakers. The evening will include background information on the origin of worry, an assessment guide to help determine the problem and an opportunity for a Q & A session to answer any general questions you may have for Dr John. Paper will be available on the night for you to write your question anonymously if you prefer.

Dr John will introduce the WorryWoos which help children to open up and express their feelings in a positive way and understand that they are not alone. We have asked Dr John to bring along any books and support material for community members to purchase on the evening if they wish to.

We can guarantee a friendly, funny and informative evening!!

ERINA HIGH SCHOOL

Open Night 2016

A showcase of quality education; music and drama performances, art and design projects, technological innovation, sporting success and academic achievement

Securing your child's future

24th February, 6pm - Library