BATHURST EXCURSION REQUIREMENTS
18TH – 20TH MAY 2015

For your trip to Bathurst you will need the following items:-

- Recess, lunch, afternoon tea and drinks for first day (Monday) packed in a day bag
- Warm clothes for two days and 1 set of old clothing for mining. **No thongs, singlet tops or beach wear.** Remember it is **AUTUMN** and Bathurst is a **COLD** place, even in Autumn. It’s mean maximum for May is 15.7°C and for June it’s 12.2°C. Children are to make sure they are well presented each day.
- Covered in, comfortable shoes – **TWO PAIRS** (one pair may get wet while panning for gold)
- Underwear/singlets (it could be cold!!!)
- Warm socks
- Warm pyjamas
- Jacket for the nights and cold
- Raincoat with hood (just in case)
- Hat or beanie and scarf
- Gloves
- Toiletries in separate bag – soap, deodorant, toothpaste, toothbrush, face washer, brush or comb, sun cream, tissues etc.
- 1 bath towel (the motel **does not** provide these)
- Plastic bags for dirty clothes and possible wet shoes!
- Maximum of $20 spending money for souvenirs only, to be looked after by the child and is their responsibility.
- Camera – (optional at own risk) Films for cameras are to be purchased and loaded prior to leaving on the excursion. Children are responsible for the care and re-loading of camera, if required.

Please do not send LOLLIES/CHOCOLATE/FIZZY DRINKS! (Sugary foods/drinks adversely affect behaviour)

- **NO MOBILE PHONES/ELECTRONIC DEVICES (IPODS, GAME BOYS, DS ETC)**- in case of emergency staff can contact parents. If you need to contact your child in case of emergency, please contact the school office. Staff will look after devices until students return from the excursion.

Please make sure overnight bag can be handled easily by your child ie. Bags with wheels, strong handles, suitable size etc. Day bags need to be a suitable size to fit lunch (first day), jumpers, cameras etc. and easily handled – small backpack, to take on coach.
3 DAY DISCOVER THE GOLDEN WEST TOUR

DAY 1  MONDAY 18th MAY 2015

8.00am Coach arrives at your school, High St, Saratoga
8.15am Travel via the Freeway to Penrith and the Blue Mountains
10.30am Comfort stop at Explorers Park, Glenbrook
Noon Lunch at Echo Point – view the 3 Sisters
(Students to bring their own)
1.00pm World Heritage presentation at Scenic World – (Ride & Guide)
3.30pm Depart for Bathurst via the Explorers Tree and Convict Graves
5.30pm Arrive at Heritage Park,
Home of the Bathurst Sheep and Cattle Drome
Limekilns Rd, Forest Grove
N.S.W. 2795 Ph: 6337 3634  Fax: 6337 3441

After dinner Time for a bit of footstompin’ at our Barnyard Bushdance

DAY 2  TUESDAY 19th MAY 2015

8.15am On with the OLD CLOTHES as we head for GOLD COUNTRY
We’ll do a lap around the World Famous Mt Panorama
Motor Racing Circuit on our way
9.00am Arrive @ Bathurst Goldfields for the following activities
Museum and History room and a tour of the GOLD Diggings.
Experience life in the Goldfields and see operating steam engines.
A sausage sizzle lunch
Hands on activities include Wattle and Daub hut building, making mud bricks,
bush cooking and bush games and
******* “AND” you get to TRY YOUR LUCK at GOLD PANNING
2.30pm return to the FARM for THE SHOW OF THE LAND

After dinner Enjoy a Country Campfire and view the clear night skies

DAY 3  WEDNESDAY 20th MAY 2015

Breakfast and luggage to the coach
8.15am Enjoy a tractor ride around the farm and visit the
Farmyard Nursery
9.15am Depart Bathurst and start our journey home
Morning tea @ Mt York
12.30pm Lunch @ a suitable venue
2.30pm Approximate arrival back at your School
IMPORTANT NOTICE

All children who are taking medication on the Bathurst Excursion MUST have this form completed and hand to teacher on arrival MONDAY Morning. Please put medication in a clearly labelled plastic container/bag.

The following EXACT DETAILS must be completed.

What is the medication?
_____________________________________________________________________
_____________________________________________________________________

What is the dosage?
_____________________________________________________________________
_____________________________________________________________________

When is the medication to be administered?
_____________________________________________________________________
_____________________________________________________________________

NAME OF CHILD:_________________ YEAR:________________

I hereby give permission for the following medication to be administered by teacher/s on the excursion.

NAME:_________________ SIGNATURE:_________________
(Please Print) (Parent/Guardian)

DATE:__________________________
MEDICAL & INFORMATION FORM - OVERNIGHT EXCURSION – BATHURST 2015

CHILD’S NAME: .......................................................... DATE OF BIRTH: ..................................................

THIS INFORMATION WILL BE TAKEN ON THE EXCURSION FOR USE IF NEEDED SO PLEASE ENSURE THAT IT IS ACCURATE. IT WILL BE TREATED AS CONFIDENTIAL INFORMATION.

1. Does he/she wet the bed? If the answer is yes, how often? ................... YES/NO

2. Does your child have any food allergies or special requirements? (please advise details if any) ................... YES/NO

3. Has he/she been fully immunised against tetanus? ................... YES/NO
   If yes, in what year was the last booster injection given? .......................

4. I authorise the teacher in charge to administer Panadol to my child if he/she is suffering from headache. ................... YES/NO

5. I authorise the teacher in charge to administer travel sickness medication to my child if he/she is suffering from motion sickness. ................... YES/NO
   In the event that your child should need medical attention it would assist if you could supply the relevant health insurance information:
   PRIVATE HEALTH INSURANCE: ................... YES/NO
   INSURANCE COMPANY:.......................... MEMBERSHIP NUMBER:..........................

6. In the event of any accident or illness, I authorise the obtaining, on my behalf, of such medical assistance as my child may require.
   I also undertake to pay medical fees and/or cost of medicines which may be incurred while my child is on the excursion.

7. I also give permission for my child to view “PG” rating movies that have been selected by the staff.

SIGNED: .......................................................... DATE: ..........................................................
   (Parent/Guardian)