For your trip Canberra you will need the following items:-

- Recess, lunch, afternoon tea and drinks for first day (Monday) packed in a day bag
- **School Uniform must be worn on the FIRST day (Y6 Shirt).**
- Smart casual clothing for two days. No thongs, singlet tops or beach wear. Remember it is **AUTUMN** and Canberra is a **COLD** place, even in Autumn. It’s mean maximum for May is 15.8°C and for June it’s 12.3°C. Children are to make sure they are well presented each day.
- Underwear
- Swimming costume for AIS
- 1 Beach towel for pool
- 1 Bath towel (the Motel **DOES NOT** provide these)
- Warm pyjamas, handkerchiefs or tissues
- Warm jacket, gloves, beanie, scarf for night trips and the cold. Dress in layers, buildings are heated however outside is **COLD**.
- Toiletries in separate bag – soap, deodorant, toothpaste, toothbrush, face washer, brush or comb, sun cream, tissues etc.
- Plastic bags for dirty clothing, socks, underwear and wet towel.
- Maximum of $50 spending money. This is the maximum amount and is to be looked after by the children and is their responsibility.
- Camera – (optional –own responsibility)
- Raincoat with hood (just in case)
- **Please do not send LOLLIES/CHOCOLATE/FIZZY DRINKS!** (Sugary foods/drinks adversely affect behaviour)
- **NO MOBILE PHONES/ELECTRONIC DEVICES (IPODS, GAME BOYS, DS ETC)** - in case of emergency staff can contact parents. If you need to contact your child in case of emergency, please contact the school office. Staff will look after devices until students return from the excursion.

Please make sure the overnight bag can be handled easily by your child ie. Bags with wheels, strong handles, suitable size etc. Day bags need to be a suitable size to fit lunch (first day), jumpers, and camera etc.
3 DAY CANBERRA DISCOVERY TOUR

DAY 1  MONDAY 18TH MAY 2015

6.30am  Coaches arrive at your school
6.45am  Travel via the freeway, Liverpool, Goulburn & Lake George
        An appropriate comfort stop will be made enroute
###hope to check in on arrival in Canberra to save time this evening###
Noon     Lunch on the shores of Lake Burley Griffin
         (Students to bring their own recess and lunch from home)
1.00pm   Guided tour of Parliament House
2.00pm   Parliament Education Office
3.00pm   Afternoon tea at Parliament House
         Travel via many of the Embassies located in Yarralumla
4.00pm   Discover Canberra at the National Capital Exhibition
Proceed to our accommodation @ The Canberra Carotel Motel,
         Cnr Aspinall and Zelling St, Watson, A.C.T. 2602
         Ph: 6241 1377  Fax: 6241 6674

5.30pm   Dinner
7.00pm   Australian Institute of Sport tour including the Sportex exhibition.
8.30pm   Enjoy a swim in the AIS pool, home to many of our Swimming
         Heroes. (all swimmers must wear a cap, souvenir cap provided
         with entry fee)

DAY 2  TUESDAY 19TH MAY 2015

9.00am   Celebrate Federation at the National Museum of Australia
11.00am  Explore the Australian War Memorial and spend some
         time in the exciting new ‘D’ Zone
1.00pm   Lunch in the Sculpture Gardens
1.30pm   Guided tour of the National Gallery
3.00/4.30pm  Electoral Education Centre
7.00pm   Twilight Adventure at the Botanic Gardens

DAY 3  WEDNESDAY 20TH MAY 2015

8.00am   Breakfast and luggage to the coaches
9.00am   "HANDS ON" fun at Questacon
11.45am  depart Canberra and start our journey home
1.00pm   Lunch at McDonalds Goulburn – included
         An appropriate comfort stop will be made enroute
6.00pm   Approximate arrival back at your School
IMPORTANT NOTICE

All children who are taking medication on the Canberra Excursion MUST have this form completed and hand to teacher on arrival **Monday**

The following **EXACT DETAILS** must be completed.

What is the medication?

____________________________________________________________________

What is the dosage?

____________________________________________________________________

____________________________________________________________________

When is the medication to be administered?

____________________________________________________________________

____________________________________________________________________

NAME OF CHILD:________________________ YEAR:________________

I hereby give permission for the following medication to be administered by teacher/s on the excursion.

NAME:______________________________ SIGNATURE:_____________________

(Please Print) (Parent/Guardian)

DATE:________________________________

Admin/Excursions/Y6 Canberra
BRISBANIA PUBLIC SCHOOL
“BELIEVE, PERSEVERE, SUCCEED”
1 HIGH STREET
SARATOGA NSW 2251

MEDICAL & INFORMATION FORM - OVERNIGHT EXCURSIONS – CANBERRA 2015

CHILD’S NAME:.......................................................... DATE OF BIRTH:..........................................................

THIS INFORMATION WILL BE TAKEN ON THE EXCURSION FOR USE IF NEEDED SO PLEASE ENSURE THAT IT IS ACCURATE. IT WILL BE TREATED AS CONFIDENTIAL INFORMATION.

1. Does he/she wet the bed? If the answer is yes, how often? .......... YES/NO

2. Does your child have any food allergies or special requirements? (please advise details if any). YES/NO

3. Has he/she been fully immunised against tetanus? YES/NO
   If yes, in what year was the last booster injection given?

4. I authorise the teacher in charge to administer Panadol to my child if he/she is suffering from headache. YES/NO

5. I authorise the teacher in charge to administer travel sickness medication to my child if he/she is suffering from motion sickness. YES/NO

In the event that your child should need medical attention it would assist if you could supply the relevant health insurance information:

PRIVATE HEALTH INSURANCE: YES/NO

INSURANCE COMPANY:..........................MEMBERSHIP NUMBER:..........................

6. In the event of any accident or illness, I authorise the obtaining, on my behalf, of such medical assistance as my child may require.

7. Our School Ambulance insurance cover for students does not apply in the ACT. If your child requires an ambulance whilst in the ACT, costs will have to be met by the parents unless you have private health insurance.
   I also undertake to pay medical fees and/or cost of medicines which may be incurred while my child is on the excursion.

8. I also give permission for my child to view “PG” rating movies that have been selected by the staff.

SIGNED:.......................................................... DATE:..........................................................

(Parent/Guardian)

TO BE RETURNED BY WEDNESDAY 13TH MAY

Admin/Excursions/Proformas/Medical Note